

Democracies thrive on participation and young people should also be able to get involved. The minimum age for voting in elections is set at 18, but there are other ways for minors to get involved socially and politically. After all, elections alone do not constitute a democracy. The following activities will help you find out how and where you can get involved.

- First, agree in small groups on three topics that are important to you. Example: We want more opportunities for outdoor sports.
- Research how young people can get involved in society or express their opinions on your three topics. You may also want to draw on your own experience. Which youth representatives, youth organizations of parties or non-governmental organizations are there? How can you get involved in associations, youth forums, etc.? In your small groups, make a poster with a mind map (M1).
- At the end of the process, each group presents their topics and specific options for action.

